I CLAIM:

- 1. A remote plasma generator, comprising:
 - a microwave power source;
- a microwave energy waveguide communicating with the power source, and configured to produce a travelling wave;
- a plasma chamber configured to be mounted in fluid communication between a source of gases and a processing chamber;
 - a helical coil surrounding the plasma chamber; and
- a coupler coupling the microwave energy from the waveguide to the helical coil.
- 2. The remote plasma generator of Claim 1, wherein the helical coil is formed of a hollow metal tubing.
- 3. The remote plasma generator of Claim 2, further comprising a pump circulating cooling fluid through the tubing.
- 4. The remote plasma generator of Claim 1, further comprising a cooling jacket surrounding the plasma chamber.
- 5. The remote plasma generator of Claim 4, wherein the helical coil surrounds the cooling jacket.
- 6. The remote plasma generator of Claim 1, wherein the microwave power source generates power at 2450 MHz \pm 50 MHz.
- 7. The remote plasma generator of Claim 1, wherein the helical coil is configured to couple a travelling wave to gas travelling through the plasma chamber.
- 8. The remote plasma generator of Claim 1, wherein the plasma chamber is positioned upstream of a photoresist asher chamber.
- 9. The remote plasma generator of Claim 1, further comprising a microwave shield surrounding the plasma chamber and the helical coil.
- 10. The remote plasma generator of Claim 1, further comprising a microwave absorption load at an output end of the helical coil.
- 11. The remote plasma generator of Claim 1, wherein the coupler comprises a section of coaxial cable.

12. A method of delivering a plasma to a processing chamber, the method comprising:

providing a source of process gases in fluid communication with a plasma tube, said plasma tube being in fluid communication with a process chamber;

generating a travelling microwave signal;

propagating the travelling microwave signal along a microwave conducting structure having a section with a helical shape surrounding the plasma tube;

flowing a gas through the plasma tube such that a plasma is ignited in the gas; and

directing products of the plasma into the process chamber.

- 13. The method of Claim 12, further comprising providing a cooling jacket between the helical portion of the microwave conducting structure and the plasma tube and flowing a cooling fluid through the cooling jacket.
- 14. The method of Claim 12, further comprising tuning the microwave signal to a desired wavelength prior to propagating the signal along the microwave conducting structure.
- 15. The method of Claim 12, wherein generating a microwave signal comprises generating a signal with a frequency of about $2450 \text{ MHz} \pm 50 \text{ MHz}$.
- 16. The method of Claim 12, wherein generating a microwave signal comprises generating a signal with a power of between about 1300 W and about 1500 W.
- 17. The method of Claim 12, wherein the microwave conducting structure comprises a hollow-centered tube, and further comprising pumping a cooling fluid through the microwave conducting structure.
- 18. The method of Claim 17, further comprising isolating the cooling fluid from the microwave signal.
- 19. The method of Claim 12, further comprising a microwave shield surrounding the helical coil and the plasma tube.
- 20. The method of Claim 19, further comprising flowing a cooling gas through a space between the microwave shield and the plasma tube.
 - 21. A method of removing a layer from a substrate, the method comprising: flowing plasma source gases through a plasma reactor tube;

propagating microwave energy in a travelling wave along a microwave conducting structure having a shape of a slow wave structure and surrounding the plasma reactor tube;

igniting a plasma within the plasma reactor tube; and

flowing plasma products into a process chamber to impinge on a substrate to remove a mask layer on the substrate.

- 22. The method of Claim 21, further comprising flowing a cooling fluid through a conduit adjacent the plasma reactor tube.
- 23. The method of Claim 22, wherein the conduit is a space between a microwave shield and a plasma tube.
- 24. The method of Claim 22, wherein the conduit is a passage through a hollow-centered material of the slow wave structure.
- 25. The method of Claim 22, wherein the conduit is a cooling jacket concentrically surrounding the plasma tube.
 - 26. The method of Claim 21, wherein the substrate is a semiconductor wafer.
 - 27. The method of Claim 26, wherein the wafer is silicon.
 - 28. The method of Claim 27, wherein the layer is a photoresist material.